

Remote Career Services Workshop

Career Planning with \$ALT: Internships, Incomes and Careers

Overview: Use the \$ALT My Money 101 tools to think about your career planning and resources.

Directions:

1. Create (or log in to) your \$ALT account.
<https://www.saltmoney.org/index.html>
2. Go to MY MONEY 101 tab at the top of the page.
3. Click on the “Internships, Incomes, and Careers” lesson.
4. **Before beginning the lesson** - Review the following resources located in the Lesson Resources box on the right hand side of the page.
 - a. SALT Video: How to make the most of an internship
 - b. SALT Article: The Surprising Benefits of a Part-Time Position
 - c. SALT Article: How to Take Advantage of Your Alumni Network
5. After reviewing these 3 resources, complete the lesson.

To receive workshop credit:

Copy and paste to a word document your response in the Reflection section, on the slide “Think about your situation”. * You may also print your response and bring it to the Professional and Career Development office. Make sure you add your name and date to the printout!*

When answering the question, please list some **specific steps** you plan to take to:

Continue (or start) your career planning; build your experience and resume; and find networking opportunities.

Email pelletierc@thomas.edu with your response to that slide attached. Make sure to note in the subject line “SALT remote workshop” and in the email note that you wish to receive GJP workshop credit.