

Internships at Thomas

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I am in the psychology program with a concentration in forensics and my favorite part about the program is learning the different fields and different jobs that I can obtain within the forensic psychology field.

I currently have an internship with Maine General Hospital in Augusta, Maine. I am on the behavioral health and substance use unit. I am shadowing my supervisor as a mental health worker, and I get to interact with patients one-on-one and create a therapeutic environment for patients and other people.

I really enjoy working with patients one-on-one and learning more about their situation and being able to create a safe environment for them to feel comfortable talking to me and other stuff.

Thomas College has prepared me for this opportunity at my internship through my education, the classes I have taken, especially abnormal psychology and forensic psychology. I get to learn the different types of mental health disorders and the signs and symptoms that I'm continuously seeing here in the unit.

My internship has helped me decide what career path is best for me. When I first came into college, I was thinking I was going to work in a jail or maybe a courtroom, but I can confidently say that I think that the hospital setting is right for me, and I wouldn't have known that without this experience.

As a third year at Thomas College, I would highly recommend going to the Professional and Career Development Office on campus. They're here for you to create those professional connections for life after college. Thomas College has helped me prepare for my future by giving me this opportunity to work at my internship and open the doors to other positions in the field.

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